

Stick Challenge

This challenge can be as flexible as you need it to be – you can do all of the activities and base a whole term's activities around it or just do one or two. These activities are designed to be done outside easily during unit meetings with minimal resources and all have a 'stick' theme. You could do this as part of our Kingdom Coastal Challenge!

Journey Sticks

At the start of your walk or unit meeting ask the girls to find a stick of any size, if available. Unit leaders may want to pre-collect a selection of sticks if you have time! If you are not anywhere that has access to sticks, you can bring rulers from your unit supplies or also an empty cereal box or other piece of cardboard folded up would work. Use wool/string to tie items you collect on the walk to remind you of the journey.

How to make a journey stick



Matchbox Walk (or smartie box etc)

Same sort of idea as the journey stick but everything you pick must fit in the matchbox/smartie box.



Twig Towers

Working in small groups, see who can make the tallest twig tower.



Stick Rafts

These can be done in unit and floated in a sink, in the park if there is a pond or anywhere there is safe access to a river, stream or the beach. You can also float them at twilight with a tealight on top.



Pick Up Sticks (or spillikins)

Use natural materials that the girls can gather to play this game.



Pooh Sticks

For those units that have a bridge over a stream or river within walking distance.



Noughts & Crosses

This can be created with any natural materials that the girls can find while you are out and about.



Stick Maze

This can also be done on the beach with gathered materials or any other natural materials – whatever types of natural environment is near you.



Tree Faces

You can use salt or play doh, or clay, so long as you remove it before you leave. Any found natural materials can be added to make more of the facial features.

SUBMIT YOUR EVIDENCE:

Please share your challenge with us—email ggfifeoutdoor@gmail.com. This could be a poster, scrap book, photo, video, powerpoint ... showing the activities you completed with a note of your unit and how many took part in the challenge. Everyone who takes part will receive a badge.

OUTDOOR CHALLENGE AWARDS—Submit your entry by 6th September.

Winning entries from each section will be presented with the trophy at the Annual Review/Thanks & Recognition event in October.

Any questions please contact ggfifeoutdoor@gmail.com