

## First Response Training

Everyone in a volunteer role with us is encouraged to complete 1st response training. It's especially useful for commissioners, leaders, young leaders, unit helpers and district, division or county helpers. Rangers can do the course as part of their personal development.

One person at **every** unit meeting must have a valid first aid qualification.

1st response is Girlguiding's own first aid course. It'll train you to provide first aid to members in emergencies – in or outside of your unit meeting place. The course was created specifically for members of Girlguiding and The Scout Association.

There are currently no external courses that fully meet the requirements of Girlguiding. However, if you have an external first aid certificate, please upload it via the learning platform. You will be asked to complete an external first aid verification form, which will need to be uploaded together with a copy of your certificate and a copy of the syllabus. It is likely that you will require some additional learning, but you will be advised by SHQ what is required.

To fully complete the 1st response training, you need to attend a local training session (6hrs of learning) and complete the e-learning. **Both** parts of the training must be completed to be considered a Girlguiding first aider.

Our training is delivered by a fully qualified trainer who is also a volunteer in Girlguiding. If there are any aspects of the training that you are concerned about e.g. getting down on the floor to do CPR, please raise these with the trainer at the beginning of the training and she will try her best to accommodate you however, you will need to demonstrate that you fully understand how to do CPR.

**Janice Spence**

County Commissioner